

## Promoting Intergenerational Learning

### PURPOSE OF OHIO LIVING VIVO CENTER

Relationships are the critical ingredient in well-being, particularly as we age. In addition to bonds with partners and peers, intergenerational ties have incredible benefits to older adults' mental and physical health. Generativity, relationships, and face-to-face contact that flows down the generational chain may well make you healthier, happier, and even longer-lived. The sharing of skills, knowledge or experience between old and young is powerful, and our goal is to mutually enrich each age group through meaningful interaction.

The Ohio Living Vivo Center seeks to establish a collaboration between Ohio Living Home Health & Hospice and Youngstown State University to support a learning center addressing the changing needs of older adults and for YSU students to gain hands-on experience working with the aging population.

### DEMOGRAPHIC CHANGES

**95**  
MILLION

The number of Americans age 65 and older is predicted to nearly double from 52 million in 2018 to 95 million by 2060.

**50%**

Ohio is one of nine states in which 50% of all U.S. older adults reside.

**11**

THOUSAND

Driven by the baby-boomer generation, adults are turning age 65 at a rate of approximately 11,000 per day.

**25%**

Mahoning County is the 13th largest county in Ohio and 25% of residents are older adults.

### MANAGEMENT AND STAFF

The Ohio Living Vivo Center is managed by Ohio Living Home Health & Hospice staff. The YSU long-term care administration and Bitonte College of Health and Human Sciences work directly with Ohio Living to assist with programming and services that involve YSU students, faculty and staff, events, or space. Various incentives are made available to students to encourage their participation in this intergenerational programming. Additionally, a paid internship or GIA (Graduate Internship Assistant) position is funded by Ohio Living to support a student liaison between Ohio Living and Youngstown State University.





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### PROGRAMMING AND SERVICES

The Ohio Living Vivo Center provides services and support to keep seniors independent, reducing costly medical care and institutionalization. Ohio Living has served Mahoning County since 1997. Its mission is “to provide adults with caring and quality services toward the enhancement of physical, mental and spiritual well-being consistent with the Christian Gospel.” Supportive services are offered free of charge by a licensed social worker five days a week via telephone, in-person appointment, or home visit for home-bound clients. These services provide a bridge for older adults using home health and other levels of acute care to return in to the community. Additional recreational programs are also offered which include but are not limited to:

- Advocacy and assistance with Medicare, Medicaid and insurance
- Social work counseling
- Free income tax preparation
- HEAP application assistance
- A Matter of Balance – fall prevention
- Flu clinics
- Screenings for balance and hearing
- Lunch and learns
- Caregiver support
- Exercise / hobby classes and gatherings
- Dental hygiene clinics

### FUNDING

The Ohio Living Vivo Center is funded through Ohio Living, membership fees, various foundations, grants received from Direction Home of Eastern Ohio, and private donors. The establishment of the center has opened doors for additional funding opportunities through local foundations and YSU for new programming, as well as transportation from YSU Parking to programming on campus. The Ohio Living Vivo Center collaboration also provides free or low-cost use of YSU campus spaces such as computer labs, classrooms for lectures, recreation center, parking and benefits to members for admission to YSU events like athletics, museums, performances and shows.

### OUR GOAL

The Ohio Living Vivo Center promotes the health and well-being of older adults, ranging from primary to prevention, with greater reach to older adults across health and sociodemographic backgrounds. It helps develop a pool of competently trained professionals to work with or on behalf of older adults. Our goal is to positively change the way generations view and treat each other not only on the Youngstown State University campus, but also throughout our community and beyond.



#### FOR MORE INFORMATION

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