**Definition**

“Trauma-informed care (TIC) is a perspective that acknowledges the pervasive influence and impact of trauma on an individual, their provider, and the organization delivering case management and other supportive services.” Dinnen, Kane & Cook, 2014

**Policy**

To provide residents and patients who are trauma survivors culturally-competent, trauma-informed care in accordance with professional standards of practice. Residents’ experiences and preferences will be considered when attempting to eliminate or mitigate triggers that may cause re-traumatization.

**Procedure**

1. All nurses will complete the Trauma- Informed Care Inservice (REL-PAC-O-TIC) on Relias website within 90 days of hire.
2. All patients with a trauma related diagnosis will be under the professional care of a licensed qualified counselor.
   1. The psycho-social plan of care developed by the counselor will be shared with the staff caring for the patient with PTSD.
   2. Training specific to the psycho-social plan of care will be conducted by the counselor for all caregivers.
      1. This should include recognizing all triggers.
      2. Non-pharmacologic interventions will part of this training and will be care planned.