**Purpose**

To bring personalized music into the lives of the elderly improving their quality of life.

Music & Memory is all about bringing joy into the lives of people suffering from Alzheimer’s, other forms of dementia and wide range of cognitive and physical impairments.

# **Equipment Needed:**

1. Computer or Tablet
2. An iPod or MP3 player
3. Use of Headphones or use of ear buds

# **Procedure**

1. Create a personalized playlist by asking resident, if resident unable to participate ask family, friends or significant others if available.
2. iTunes account will be created and accessed by Administrator, Social Services, Activities or appointed designee. iTunes music will be download from iTunes account and stored in the Music and Memory folder on the H drive.
3. Music can be download from the H drive to iPod or MP3 player, including songs from personalized playlist.
4. Resident will be assigned iPod or MP3 player with personalized music.