### PURPOSE

To provide guidelines for the safe use of home glucose monitoring devices.

### POLICY

Ohio Living nurses will utilize the patient’s home glucose monitoring (HGM) devices in accordance with manufacturer's guidelines in order to ensure the quality and accuracy of blood glucose values. Home glucose monitoring performed in the patient’s home for purposes of care and diagnosis will be considered definitive. Blood glucose monitoring utilized as a screening tool will be followed with confirmation testing as ordered by the physician (or other authorized practitioner), prior to care or treatment decisions.

### PROCEDURE

1. If blood glucose monitoring is done, the nurse will use patient-owned glucose monitoring devices. Patients purchase their own equipment and keep and maintain such equipment in their home for on-going use.
2. Blood Testing Procedure
   1. Before the test:
      1. Verify proper equipment is available.
      2. Verify orders as needed.
      3. Inform patient of the purpose and procedure.
      4. Verify if a new vial of strips will be used.
      5. Wash hands.
      6. Assemble equipment on a clean towel, on a safe, flat surface with  
         biohazardous sharps disposal unit available.
      7. Don non‑sterile gloves.
   2. Testing:
      1. Blood glucose testing will be conducted in accordance with the procedure outlined by the manufacturer or per the Ohio Living procedure.
      2. Blood glucose results will be recorded in the patient’s medical record.
      3. All contaminated lancets will be discarded in a biohazardous sharps container or other acceptable container with the patient receiving appropriate instruction on its use and purpose.