**Basic Responsibility**

All staff who document in the resident’s medical record.

**Purpose**

To provide consistent documentation.

# **A**

|  |  |
| --- | --- |
| & | and |
| + | and |
| @ | at |
| a | before |
| A | anterior |
| A & O | alert and oriented |
| a.c. | before meals |
| a.m. | morning |
| a/a | aspiration/air bolus |
| Arom or AROM | active range of motion |
| aarom | active assisted range of motion |
| aat, AAT | at all times |
| abd. | abdomen |
| ABG | arterial blood gases |
| ad | right ear |
| ad lib | as desired |
| A. D. | Assistive device |
| A. E. | Adaptive equipment |
| adl | activities of daily living |
| adm. | admission/admit |
| ADON | Assistant Director of Nursing |
| aeb | as evidenced by |
| AFB | acid fast bacillus |
| AFO | Ankle foot orthotic |
| agit | stir/shake/agitate |
| AKA | above the knee (amputation) |
| AL | Assisted Living |
| alb | albumin |
| ALS | Amyotrophic lateral sclerosis (Lou Gehrig’s Disease) |
| Alz. | Alzheimer’s dementia/disease |
| amb | ambulate/ambulatory |
| amp | ampule |
| amt | amount |
| AP | apical pulse |
| APAP | acetaminophen/Tylenol |

|  |  |
| --- | --- |
| APOC | acute plan of care |
| APTT | activated partial thromboplastin time |
| AROM | active range of motion |
| as | left ear |
| ASA | aspirin |
| ASCVD | arteriosclerotic cardiovascular disease |
| ASHD | arteriosclerotic heart disease |
| assess | assessment |
| assist | assistance |
| ATB | antibiotic |
| A Fib | atrial fibrillation |
| at fib | atrial fibrillation |
| au | both ears |

# **B**

|  |  |
| --- | --- |
| Ba | barium |
| B & B | bowel and bladder |
| Bdr or bd | Bedroom |
| bid | twice a day |
| bilat/bil. | bilateral |
| bl cult | blood culture |
| BKA | below knee (amputation) |
| BM | bowel movement |
| BMP | basil metabolic profile |
| BP | blood pressure |
| BPH | benign prostatic hypertrophy |
| BR | Bathroom |
| brp | bathroom privileges |
| BS | blood sugar and/or bowel sounds |
| bsc | bedside commode |
| BUN | blood urea nitrogen |
| Bx | biopsy |

# **C**

|  |  |
| --- | --- |
| C | centigrade |
| ċ | with |
| Ca | calcium |
| CA | cancer |
| CBC | complete blood count |
| Cc or cc | Cubic centimeter |
| C.C. | care conference |
| c/o | complains of |
| C+ or C++ | calcium |
| Ca | cancer |
| CAD | coronary artery disease |
| cath | catheter |
| cathed | catheterized |
| CBC | complete blood count |
| cdd | clean dry dressing |
| CGA | contact guard assist |
| CHF | congestive heart failure |
| circ. | circulation/circumference |
| cm | centimeter |
| CNS | central nervous system |
| CO2 | carbon dioxide |
| cont. | continues/continuous |
| COPD | chronic obstructive pulmonary disease |
| CPR | cardiopulmonary resuscitation |
| C & S | culture and sensitivity |
| CSF | cerebral spinal fluid |
| CT scan | computerized axial tomography |
| CVA | cerebrovascular accident |
| CVD | cardiovascular disease |
| cysto | cystogram/cystoscopy |

# **D**

|  |  |
| --- | --- |
| d | day |
| d/c | discontinue/discontinued |
| d/t | due to |
| dd | dry dressing |
| decub | decubitus ulcer/pressure sore |
| Derm | dermatology |
| Dgtr or dgt. | daughter |
| diff | differential |
| Disch or D/C | discharge |
| DJD | degenerative joint disease |
| DNS | Director of Nursing Services |
| DOA | Dead on arrival |
| DOE | dyspnea on exertion |
| DON | Director of Nursing |
| DR | dining room |
| Dr. | doctor |
| drng | drainage |
| drsg/dsg | dressing |
| DSD | dry sterile dressing |
| DT’s | delirium tremors |
| DVT | deep vein thrombosis |
| Dx | diagnosis |

# **E**

|  |  |
| --- | --- |
| Ea. | each |
| EBP | Enhanced Barrier Precautions |
| EC | enteric coated |
| ECF | extended care facility |
| EEG | electro-encephalogram |
| EENT | eyes, ears, nose, throat |
| eff | effective |
| EKG/ECG | electrocardiogram |
| elix. | elixir |
| ENT | ear, nose & throat |
| ER | emergency room |
| E & R | equal and reactive |
| et | and |
| etc | et cetera |
| eval | evaluate |
| exc | excision |
| expl | explain/exploratory |

# **F**

|  |  |
| --- | --- |
| F | Fahrenheit |
| FBS | fasting blood sugar |
| fdg/FDG | feeding |
| fib | fibrillation |
| fl | fluid |
| FSBS | finger stick blood sugar |
| ft. | foot/feet |
| f/u | follow up |
| FUO | fever of unknown origin |
| Fx | fracture |

# **G**

|  |  |
| --- | --- |
| gal | gallon |
| gb | gall bladder |
| GI | gastro-intestinal |
| gm | gram |
| gr. | grain |
| GT | gastrostomy tube |
| gtt | drop |
| GU | genito-urinary |
| Gyn | gynecology |

# **H**

|  |  |
| --- | --- |
| H202 | hydrogen peroxide |
| H20 | water |
| Hct | hematocrit |
| Hgb | hemoglobin |
| HH | home health |
| HHA | home health aide |
| HHN | hand held nebulizer/home health nurse |
| HIOR | head injury observation record |
| HOB | head of bed |
| H & P | history and physicial |
| hr. or H | hour |
| Hs. | hour of sleep/bedtime |
| Ht. | height |
| HTN or HPTN | hypertension |
| Hx. | history |

# **I**

|  |  |
| --- | --- |
| I | independent/improved |
| ICU | intensive care unit |
| IDDM | insulin dependent diabetes mellitus |
| I & D | incision and drainage |
| I & O | intake and output |
| id | intradermal |
| ID | identify |
| IDT | interdisciplinary team |
| IE | like, such as |
| IM | intramuscularly; Z-track |
| incont. | incontinent |
| inj. | injection/injury |
| INR | International Ratio |
| inspir | Inspiration or inspiratory |
| int | internal |
| irreg | irregular |
| IS | incentive spirometry |
| IV | intravenous |
| IVP | intravenous pyelogram |

# **K**

|  |  |
| --- | --- |
| K+ or K | Potassium |
| KAFO | Knee ankle foot orthotic |
| Kg | kilogram |
| KUB | kidney, ureter, bladder |

# **L**

|  |  |
| --- | --- |
| L or l | liter/length |
| L or lt or lft | left |
| Lab | laboratory |
| Lax | laxative |
| LDH | lactate dehydrogenase |
| lb | pound/pounds |
| LE | lower extremity/extremities |
| liq. | liquid |
| LLE | left lower extremity |
| LLQ | left lower quadrant |
| LPN | Licensed Practical Nurse |
| LSW | licensed social worker |
| LUE | left upper extremity |
| LUL | Left upper lobe |
| LUQ | left upper quadrant |
| Lymphs | lumphocytes |

# **M**

|  |  |
| --- | --- |
| MAR | medication administration record |
| MD | medical doctor and/or medical director |
| MDR | main dining room |
| MDS | Minimum Data Set |
| med. | medication or medium |
| mEq | milliequivalent |
| mg. | milligram |
| MI | myocardial infarction |
| min. | minute(s)/minimal |
| ml. | milliliter |
| mo. | month |
| Mod. | moderate |
| MOM | milk of magnesia |
| MS | multiple sclerosis |

# **N**

|  |  |
| --- | --- |
| Na | salt or sodium |
| N/A | not applicable/not available |
| n/c | no change |
| N/V | nausea & vomiting |
| N/V/D | nausea, vomiting, & diarrhea |
| NA | nurse aide |
| Na or na | sodium |
| NC | nasal cannula |
| neuro | neurological |
| Neg or - | negative |
| NF | nursing facility |
| NG | nasogastric |
| NH | nursing home |
| NIDDM | non-insulin dependent diabetes mellitus |
| Nitro or NTG | nitroglycerin |
| NKA | no known allergies |
| NN | nursing notes |
| NNO | no new orders |
| Noc. or noct | night |
| NPO | nothing by mouth |
| NS | normal saline |
| NWB | Non-weight bearing |

# **O**

|  |  |
| --- | --- |
| O2 | oxygen |
| OBS | organic brain syndrome |
| occ | occasional |
| OD | right eye |
| oint. | ointment |
| OJ | orange juice |
| OOB | out of bed |
| OOF | out of the facility |
| OR | operating room |
| ORIF | Open reduction internal fixation |
| Ortho. | Orthopedics |
| Os | left eye |
| OT | occupational therapy |
| ou | both eyes |
| oz. | ounce |

# **P**

|  |  |
| --- | --- |
| P | pulse or posterior |
| p | after |
| PAT | paroxysmal arterial tachycardia |
| path | pathology |
| P.O. | physician’s order sheet |
| pc | after meals |
| PDR | Physician’s Desk Reference |
| PEARL | pupils equal and reactive to light |
| PERRLA | pupils equal, round, reactive to light with accomodation |
| PEG | gastrostomy tube |
| per | by; through |
| peri | perineum |
| PICC | Peripheral intravenous central catheter |
| pj | pajamas |
| PM | afternoon; night |
| PO | by mouth |
| POC | plan of care |
| PPD | purified protein derivatives |
| pr | per rectum |
| prn | as needed/as required |
| prob | problem |
| PROM | passive range of motion |
| P.T. | physical therapy |
| PT | protime |
| pt. | patient/pint |
| PTA | prior to admission |
| PTT | partial thromblastin time |
| PVC | preventricular contraction |
| PVD | peripheral vascular disease |
| P/D | patent and draining |
| poss. | possible |
| phys. | physician |
| PWB | partial weight bearing |
| PVC | premature ventricular contraction |

# **Q**

|  |  |
| --- | --- |
| q | every |
| q am | every morning |
| Q mo. | every month |
| Q noc. | every night |
| q2h (q3h, q4h, etc) | every 2 hours |
| qd | every day |
| qh | every hour |
| qhs | every night |
| qid | four times a day |
| qod | every other day |
| qow | every other week |
| qs | every shift; quantity sufficient |
| qt. | quart |

# **R**

|  |  |
| --- | --- |
| R or “R” or ‘R’ | resident |
| res or rsdt | resident |
| r.o. | reality orientation |
| R/resp | respiration |
| r/t | related to |
| R;rt | right |
| RAPs | Resident Assessment Protocols |
| RBC | red blood count |
| Rcf or RCF | Residential Care Facility |
| Res or rsdt | resident |
| RLE | right lower extremity |
| RLQ | right lower quadrant |
| rm. | room |
| RN | registered nurse |
| ROM | range of motion |
| RUE | right upper extremity |
| RUQ | right upper quadrant |
| Rx | prescription |

# **S**

|  |  |
| --- | --- |
| s | without |
| s/p | status post |
| s/s | signs and symptoms |
| SBA | standby assist |
| sig. | significant |
| sl. | slight |
| sm. | small |
| SOB | shortness of breath |
| soln. | solution |
| Spec. | specimen |
| SpO2 | saturation percentage of oxygen |
| SQ/SC | subcutaneous |
| ss | one half |
| SS | social services |
| SSE | soap suds enema |
| ST | speech therapist |
| Stat | immediately |
| STNA | state tested nursing assistant |
| Str | strength |
| Subq | subcutaneous |

# **T**

|  |  |
| --- | --- |
| 1 or I or i | one |
| 2 or II or ii | two |
| 3 or III or iii | three |
| T or temp | temperature |
| TF | tube feed |
| T & P | turn and position |
| TO | telephone order |
| tab. | tablet |
| TAO | triple antibiotic ointment |
| TB | tuberculosis |
| Tbl. | tablespoon |
| TIA | transient ischemic attack |
| tid | three times a day |
| Tinc. | tincture |
| TLC | tender loving care |
| TPR | temperature/pulse/respiration |
| tsp. | teaspoon |
| TV | television |
| Tx. | treatment |

# **U**

|  |  |
| --- | --- |
| U or u | unit |
| U/A | urine analysis |
| UKO | unknown origin |
| UM | unit manager |
| URI | upper respiratory infection |
| UTI | urinary tract infection |

# **V**

|  |  |
| --- | --- |
| V Tach | ventricular tachycardia |
| VO | verbal order |
| Vs or VS | vital signs |

# **W**

|  |  |
| --- | --- |
| w/c | wheel chair |
| w/d | well developed |
| w/n | well nourished |
| WBAT | weight bearing as tolerated |
| WBC | white blood count |
| wib | when in bed |
| WNL | within normal limits |
| wt. | weight |
| w. | width |

# **X**

|  |  |
| --- | --- |
| x | times |

# **Y**

|  |  |
| --- | --- |
| yr | year |

# **Z**

|  |  |
| --- | --- |
| z | dram |
| z-track | intramuscular |

### OTHER SYMBOLS

|  |  |
| --- | --- |
| ↑ | up; increased, elevated |
| ↓ | down; decreased, dropped |
| = | equal |
| + | increased |
| - | decreased |
| > | greater than |
| < | less than |
| ♂ | male |
| ♀ | female |
| @ | at |
| ea | each |
| Δ | change |
| 1:1 | one on one |
| √ | check |
| ½ | half |
| # | pound or number |