

OHIO LIVING BRECKENRIDGE VILLAGE

Aging Well Series 2024

You're cordially invited to the 2024 Aging Well Speakers Series!

Join us in the Smith Performing Arts Center within the Osborne Community Plaza to enjoy practical, educational presentations followed by a short social gathering with the presenter. Open to our residents and the local community. Speakers will include community health experts on topics such as:

- The Aging Eye
- Active Listening
- Using Art to Aid in Anxiety
- Stroke Support Awareness
- Music Therapy

Space is limited, and reservations are required.

**RSVP Residents call 440.953.1375
TODAY! Non-residents call 440.954.8359**

July 29 | 2 to 3:30 p.m.

Stroke Support and Awareness



by Alecia Crognale, RN

Alecia runs the Stroke Survivor Support Group through The American Heart Association. She focuses on empowering stroke survivors, their families, caregivers, and medical professionals who care for stroke patients. The Stroke Support Group stresses prevention, treatment, rehabilitation, friendships and support. Alecia was instrumental in University Hospitals Lake West achieving the gold award for stroke care from The American Heart Association — the highest award for stroke care.



Ohio Living
Breckenridge Village

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